

ALCOHOL AND DRUG PARTNERSHIP ANNUAL REPORTING TO THE SCOTTISH GOVERNMENT 2021/22:

- I. Delivery progress
- II. Financial framework

This form is designed to capture your **progress during the financial year 2021/22** against the of the Rights, Respect and Recovery strategy including the Drug Deaths Task Force <u>emergency response paper</u> and the <u>Alcohol Framework 2018</u>. This will not reflect the totality of your work but will cover those areas which you do not already report progress against through other processes, such as the MAT Standards.

We recognise that each ADP is on a journey of improvement and it is likely that further progress has been made since 2021/22. Please note that we have opted for a tick box approach for this annual review but want to emphasise that the options provided are for ease of completion and it is not expected that every ADP will have all options in place. We have also included open text questions where you can share details of progress in more detail. Please ensure all sections are fully completed. You should include any additional information in each section that you feel relevant to any services affected by COVID-19.

The data provided in this form will allow us to provide updates and assurance to Scottish Ministers around ADP delivery. We do not intend to publish the completed forms on our website but encourage ADPs to publish their own submissions as a part of their annual reports, in line with good governance and transparency. All data will be shared with PHS to inform drugs policy monitoring and evaluation, and excerpts and/or summary data from the submission may be used in published reports. It should also be noted that the data provided will be available on request under freedom of information regulations.

In submitting this completed Annual Reporting you are confirming that this partnership response has been signed off by your ADP, the ADP Chair and Integrated Authority Chief Officer.

The Scottish Government copy should be sent by **Friday 5 August 2022** to: alcoholanddrugsupport@gov.scot



NAME OF ADP: Shetland

Key contact: ADP Co-ordinator Name: Wendy McConnachie

Job title: Alcohol and Drug Development Officer

Contact email: wendy.mcconnachie@nhs.scot

I. DELIVERY PROGRESS REPORT

1	Fdı	ication	and Pr	evention
	Lui	acation	ana	CVCIILIOII

available within the ADP?

Please select those that apply services)	y (please note that i	this question is	s in reference to the	ADP and not individual
Leaflets/ take home information	on			
Posters				
Website/ social media		\boxtimes		
Apps/webchats				
Events/workshops				
Please provide details				
Accessible formats (e.g. in dif	fferent languages)			
Please provide details				
Other		\boxtimes		
La cal mandia				
Local media				
1.2 Please provide details of during 2021/22 (E.g. Count 1				
Campaign theme	International	National	Local	
Campaign theme General Health	International	National	Local	
General Health Overdose Awareness	<u>_</u>			
General Health				
General Health Overdose Awareness Seasonal Campaigns				
General Health Overdose Awareness Seasonal Campaigns Mental Health				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth Anti-social behaviour				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth Anti-social behaviour Reducing Stigma				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth Anti-social behaviour Reducing Stigma Sexual Health				
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth Anti-social behaviour Reducing Stigma Sexual Health Other				media releases, a
General Health Overdose Awareness Seasonal Campaigns Mental Health Communities Criminal Justice Youth Anti-social behaviour Reducing Stigma Sexual Health Other Please specify	crdose awareness d	ay with social	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	media releases, a

1.1 In what format was information provided to the general public on local treatment and support services



Many of our activities centred around local and social media, taking every opportunity we can to raise awareness, challenge stigma and encourage compassion.

1.3 Please provide details on education and prevention measures/ services/ projects provided during the year 2021/22, specifically around drugs and alcohol (select all that apply).	e			
Teaching materials Youth Worker materials/training Promotion of naloxone Peer-led interventions Stigma reduction Counselling services Information services Wellbeing services Youth activities (e.g. sports, art) Other □				
The ADP fund a peer education project, which delivers harm reductions education in schools and other young people's settings. The ADP also fund Dogs Against Drugs (charity) to deliver educational workshops in schools and in other young people's settings, in communities and in workplaces. The following training courses were delivered by Scottish Drugs Forum, on behalf of the ADP –				
Understanding stigma – promoting inclusive attitudes and practice Drugs awareness Introduction to trauma and working with people who use substances Children and families affected by parental substance use Staying alive in Scotland				
CREW2000 delivered harm reduction training on behalf of the ADP.				
1.4 Please provide details of where these measures / services / projects were delivered.				
Formal setting such as schools				
Youth Groups				
Community Learning and Development				
Via Community/third Sector partners or services ⊠				
Online or by telephone				
Other Workplaces				
1.5 Was the ADP represented at the alcohol Licensing Forum?				
1.5 Was the ADP represented at the alcohol Licensing Forum? Yes No □				



1.6 What proportion of license applications does Public Health review and advise the Board on?

All	
Most	
Some	
All Most Some None	

1.7 If you would like to add any additional details in response to the questions in this section on Education and Prevention, please provide them below (max 600 words).

It would be beneficial if Public Health were consulted on occasional licenses and variations to licenses, rather than just new licenses. Variations to a license can range from a change to operating hours to commencement of a home delivery service for alcohol, so the impacts can be wide and varied.

Alongside reviewing and advising the Board regarding new license applications, both Public Health and the ADP, are keen that more focus be placed on ensuring that the five licensing objectives that apply in Scotland, are met at the point of application and during the continued operation of a licensed premises.

The ADP commissions, via the local authority, third sector organisations to deliver alcohol and other drugs education within schools and other young people's settings. However, it would be useful if there was a national curriculum for alcohol and other drugs education, to ensure consistency of core education, in advance of the ADP's enhanced provision.



2. Treatment and Recovery

2.1 What treatment or screening options were in place to address	alcohol harms? (select all that apply)		
Fibro scanning			
Alcohol related cognitive screening (e.g. for ARBD)	\boxtimes		
Community alcohol detox	\boxtimes		
Inpatient alcohol detox	\boxtimes		
Alcohol hospital liaison	\boxtimes		
Access to alcohol medication (Antabuse, Acamprase etc.)	\boxtimes		
Arrangements for the delivery of alcohol brief interventions			
in all priority settings	\boxtimes		
Arrangements of the delivery of ABIs in non-priority settings			
Psychosocial counselling			
Other	☐ Please provide details		
ABI delivery has been challenging, however there are plans to commission a piece of improvement work in the next financial year. Off-island travel is required to access fibro scanning.			



2.2 Please indicate which of the following approaches services used to involve lived experience / family members (select all that apply).			
For people with lived experience:			
Feedback / complaints process Questionnaires / surveys Focus groups / panels Lived experience group / forum Board Representation within services Board Representation at ADP Other services and through the ADP co-ordinator	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □		
For family members: Feedback/ complaints process Questionnaires/ surveys Focus groups / panels Lived experience group/ forum Board Representation within services Board Representation at ADP			
Other services, the ADP co-ordinator and the FA	☐ Informally using social media, feeding back via B group.		
	3		
2.3 How do you respond to feedback received from people with lived experience, including that of family members? (max 300 words) Feedback is welcomed, and is actively sought where appropriate. If necessary, feedback is shared with services involved. Importance is placed upon sharing positive feedback as well as negative, especially at a time where services are stretched and morale may be compromised. The ADP created case studies using feedback from parents seeking support for their children who were affected by parental substance use. These case studies formed the basis of understanding need around service provision. The implementation of experiential data collection for Medication Assisted Treatment standards will greatly improve local feedback.			
	elivery where you had effective arrangements in place to involve		
Planning, I.E. prioritisation and funding decisions Implementation, I.E. commissioning process, service design Scrutiny, I.E. Monitoring and Evaluation of services Other □ Please provide details Please give details of any challenges (max 300 words) There is lived experience representation on the Alcohol and Drug Forum, which works in partnership with the ADP. Terms of Reference for both groups are currently being refreshed, to ensure that the advisory			
and consultation element of the Forum is formalised. Developing and expanding lived experience networks and panels is challenging in rural areas, so this is an area the ADP are focussing on via the Recovery Hub and Community Network.			



2.5 Did services offer specific volunteering and employment opportunities for people with lived/ living experience in the delivery of alcohol and drug services?

a) Yes No					
b) If yes, please select all that apply:					
Peer support / mentoring Community / Recovery cafes Naloxone distribution Psychosocial counselling Job Skills support Other Harm reduction worker, focussing on naloxone and IEP					
A new post has been created at the Recovery Hub and Community Network, funded by the additional funding streams from Government. Lived experience of substance use will be included in the desirable criteria. This post is likely to be filled early in the next financial year.					
2 C Mhigh of those of	ttings offered the follo	سيام والطريق والمعادية	ing 2024/222 (aplant	all that apply	
2.6 Which of these se	ettings offered the follo	wing to the public dur	ing 2021/22? (select a	ыі тпат арріу)	
	Supply				
Setting:	Naloxone	Hep C Testing	IEP Provision	Wound care	
Drug services Counci	I				
Drug Services NHS			\boxtimes		
Drug services 3rd Sector					
Homelessness service	es □				
Peer-led initiatives					
Community pharmaci	es				
GPs					
A&E Departments				\boxtimes	
Women's support services					
Family support service	es ⊠				
Mental health service					
Justice services					
Mobile / outreach services					
Other (please deta	nil) 🖂				
The Recovery Hub and Community Network provides naloxone and wound care advice/dressings. An enhanced IEP service will commence in the next financial year. Wound checking and advice is available from our NHS Drug service and there are GPs, ANPs and practice nurses on site.					

2.7 What protocols are in place to support people with co-occurring drug use and mental health difficulties to receive mental health care? (max 300 words)

The Community Mental Health Team and the NHS substance use service have joint clinical management. Supporting the team, there is a GP with special interest in dual diagnosis and a consultant psychiatrist. A consultant psychologist also works closely with the substance use team and attends



weekly risk meetings. In the coming year, there are plans to appoint a mental health nurse to the substance use team.		
Is mental health support routinely available for people who use drugs or alcohol but do not have a dual diagnosis (e.g. mood disorders)?		
Yes ⊠ No □		
Please provide details (max 300 words) The NHS substance use service is part of the Community Mental Health Team and as such, work closely with CPNs in the team. Two members of staff within the NHS substance use service undertook an access to counselling qualification, with plans to commence further training next year. In the coming year, there are plans to appoint a mental health nurse to the substance use team.		
2.8 Please describe your local arrangements with mental health services to enable support for people with co-occurring drug use and mental health (max 300 words)		
The NHS substance use team forms part of the community mental health team, with joint clinical management. The ADP part-fund a consultant psychiatry post, which is based within the community mental health team and supports the NHS substance use service. Staff from the community mental health team attend weekly risk meetings and there is a joint approach to providing support.		
2.9 Did the ADP undertake any activities to support the development, growth or expansion of a recovery community in your area?		
Yes 🖂		
No		
2.10 Please provide a short description of the recovery communities in your area during the year 2021/22 and how they have been supported (max 300 words)		
The Recovery Hub and Community Network has continued to increase it's reach during 2021/22. Recovery groups include a women's recovery group, a women in recovery group which is abstinence based (at the request of the women who were accessing the Recovery Hub) and a cocaine anonymous group, which is an autonomous, peer-led group. In addition, a social evening is held weekly where people eat together, chat, craft or play games. Feedback from people who attend groups is that they are gaining a peer support network outside of the organised groups. The recovery Hub and Community Network led on international overdose awareness day, with people from recovery communities volunteering at the event.		
2.11 What proportion of services have adopted a <u>trauma-informed approach</u> during 2021/22?		
All services		
The majority of services		
Some services		
No services		
Please provide a summary of progress (max 300 words)		



Work on delivering the National Trauma Training Framework continues with promotion of the Shetland Trauma Training Pathway, which guides practitioners to the relevant online training materials for their practice needs. Trauma Informed level training is for everyone. For staff completing the skilled level modules (workers who are likely to be coming into contact with people who may have been affected by trauma), reflective practice sessions with a Clinical Psychologist are also available.

The next step for services having completed skilled level training, is to consider taking a trauma informed lens to their whole service area, which involves working in partnership with those with lived experience. Colleagues in justice social work undertook this piece of work, conducting a series of interviews with people who have lived experience of the justice system in Shetland. Feedback was largely positive, reflecting a team of staff who bring their values around person-centred care to their work. An action plan has been developed following the service review. This includes improvements in how to access buildings and support around the court process.

2.12 Which groups or structures were in place to inform surveillance and monitoring of alcohol and drug			
harms or deaths? (mark all that apply)			
Alcohol harms group			
Alcohol death audits (work being supported by AFS)			
Drug death review group			
Drug trend monitoring group / Early Warning System			
Other	☐ Please provide details…		

2.13 Please provide a summary of arrangements which were in place to carry out reviews on <u>alcohol</u> related deaths and how lessons learned are built into practice. If none, please detail why (max 300 words)

It was agreed in partnership with AFS, that rather than undertake a data capture, Shetland would undertake real time alcohol death reviews, using the same framework that is used locally for drug death reviews. However, the drug death review process is undergoing a refresh. This will ensure that there is engagement with all services that were involved in a person's life, ensure that governance is strengthened and ensure that accountability for implementing learning points is appropriately assigned. Once the process has been agreed and resource has been identified, alcohol death reviews will commence.

2.14 Please provide a summary of arrangements which are in place to carry out <u>reviews on drug related deaths</u>, how lessons learned are built into practice, and if there is any oversight of these reviews from Chief Officers for Public Protection. (max 300 words)

The Drug Death Co-ordinator/ADP Co-ordinator is informed of a suspected drug related death by Police Scotland. A full audit process is then undertaken which includes information from police, social work, primary care, substance use services, mental health and A&E/hospital admissions and other services where appropriate. If the individual is found to have involvement with more than two services, a timeline of every contact/engagement with all the relevant services is compiled.

The audit is presented to a multi-agency Sudden Death Audit Group, which also has responsibility for reviewing suicides. Learning points are fed back to appropriate agencies via representatives on the group. Actions arising from learning points are assigned appropriately and monitored by the Sudden Death Audit Group.



The audit process is currently undergoing a refresh. This will ensure that there is engagement with all services that were involved in a person's life, ensure that governance is strengthened and ensure that accountability for implementing learning points is appropriately assigned.

2.15 If you would like to add any additional details in response to the questions in this section on Treatment and Recovery, please provide them below (max 300 words).

With the increasing workstreams and requests from Government and Public Health Scotland, it is becoming increasingly challenging to focus on both delivery and reporting. In addition, the lateness of confirmation of funding, the non-recurring nature of funding, the use of the NRAC formula and monies awarded being insufficient to fund whole posts or fund development and delivery, makes it extremely challenging to develop, plan and implement service improvements.



3. Getting it Right for Children, Young People and Families 3.1 Did you have specific treatment and support services for children and young people (under the age of 25) with alcohol and/or drugs problems? a) Yes \boxtimes No b) If yes, please select all that apply below: 6-12 12-16 16+ Setting: Community pharmacies **Diversionary Activities** \Box П \Box Third Sector services Family support services Mental health services **ORT Recovery Communities** Justice services \Box Mobile / outreach Other Please provide details... 3.2 Did you have specific treatment and support services for children and young people (under the age of 25) affected by alcohol and/or drug problems of a parent / carer or other adult? a) Yes \boxtimes No b) If yes, please select all that apply below: 12-16 Settina: 0-5 6-12 16+ Support/discussion groups **Diversionary Activities** School outreach Carer support П П Family support services Mental health services Information services П П Mobile / outreach Other Please provide details...



3.3 Does the ADP feed into/ contribute toward the integrated children's service plan?			
Yes ⊠ No □			
Please provide details on how priorities are reflected in children's service planning e.g. collaborating with the children's partnership or the child protection committee? (max 300 words)			
The ADP chair attends the child protection committee. The ADP vice chair is a member of the children's partnership. The ADP co-ordinator and lead officer for child protection meet to share information and collaborate with training and service improvement. The children's plan explicitly refers to joint working with partnerships around substance use, and substance use is one of the indicators within the plan. All local strategic plans align with the local partnership plan. Indicators within the partnership plan are the reduction of child protection cases involving alcohol or drug use and a reduction in people who are drinking at harmful levels.			
Going forward, in order to develop the Whole Family Approach Framework, it is expected that the ADP Co-ordinator (who also has a lead officer role) will become a member of the Children's Partnership.			
3.4 How did services for children and young people, with alcohol and/or drugs problems, change in the 2021/22 financial year?			
Improved			
Stayed the same ⊠			
Scaled back			
No longer in place □			
3.5 How did services for children and young people, <u>affected</u> by alcohol and/or drug problems of a parent / carer or other adult, change in the 2021/22 financial year?			
Improved 🖂			
Stayed the same			
Scaled back			
No longer in place □			
3.6 Did the ADP have specific support services for adult family members?			
a) Yes ⊠ No □			
b) If yes, please select all that apply below:			
Signposting ⊠ One to One support ⊠ Support groups ⊠ Counselling □ Commissioned services ⊠ Naloxone Training ⊠			



Other	☐ Please prov	ide details	
3.7 How did service	ces for adult family member	s change in the 2021/22 financial year?	
Improved Stayed the same □ Scaled back □ No longer in place			
		ramework sets out our expectations for ADPs in cent audit of your existing family provision?	
a) If yes, please answer	the following:		
Last year SG provided an additional £3.5m to support the implementation of the framework. Please provide a breakdown and a narrative of how this was used in your area. (max 300 words) The funding has not been utilised as yet, as although it is recognised that there is a gap in service provision for children affected by parental substance use, it is not clear at this point what the gap is ie. lack of resource, requirement to upskill existing teams/staff, lack of packages/resources to use when supporting children, or all of the above. Please detail any additional information on your progress in implementing the framework in 2020/21 (max 300 words) The ADP will work with the Children's Partnership in the coming year, to undertake a more in-depth audit, looking at support services that are not specific to substance use, to understand where children are currently receiving support and where there are instances that existing services cannot meet their needs. b) If no, when do you plan to do this? Click or tap here to enter text.			
3.9 Did the ADP area provide any of the following adult services to support family-inclusive practice? (select all that apply)			
Services: Fai	mily member in treatment	Family member not in treatment	
Advice		\boxtimes	
Mutual aid			
Mentoring	\boxtimes		
Social Activities	\boxtimes		
Personal Development	\boxtimes		
Advocacy		\boxtimes	
Support for victims of ge			
based violence			
Other Please provide details			

4. A Public Health Approach to Justice



	our area, were satisfactory arrangements in pre identified as at risk were provided with nale		
Yes No No prison in ADP area			
Although there is no prison in	ow effective the arrangements were in making in the area, justice social work colleagues pro y basis. Access to naloxone is included in the	vide throughcare support either	
4.2 Has the ADP worked wit	h community justice partners in the following	ways? (select all that apply)	
Information sharing		\boxtimes	
Providing advice/ guidance		\boxtimes	
Coordinating activities		\boxtimes	
Joint funding of activities			
Access is available to non-fa	atal overdose pathways upon release		
Other		☐ Please provide details	
4.3 Has the ADP contributed following ways? (select all the	I toward community justice strategic plans (e. nat apply)	g. diversion from justice) in the	
Information sharing Providing advice/ guidance Coordinating activities Joint funding of activities Other	⊠⊠□□Please provide details		
	Is and arrangements were in place for individ ving points in the criminal justice pathway? P		
a) Upon arrest (please select all that apply)			
Diverson from prosecution is utilised locally, where appropriate. Justice Social work routinely undertake cell visits for individuals who have appeared in court and have been remanded in custody. Part of the visit will be to assess healthcare needs, including any needs relating to substance use. This is then shared with the relevant prison, to enable timely access to support upon entering prison. A piece of work has commenced, to develop a custody liaison and support service. This will mean that people who are in police custody or who have been remanded awaiting transfer to prison, will have access to a substance use nurse. People who are involved with justice social work can access free gym and leisure centre membership.			
Diversion From Prosecution			



Exercise and fitness activities Peer workers Community workers Other	⊠ □ □ □ ■ Please provide details
offered voluntary throughcare. An agreeme Authority that shares details of those due fo justice support worker writes to every individed The support worker will liaise with the NHS service, as part of their throughcare support	all that apply) hetland, if not already subject to statutory throughcare, is nt exists between the Scottish Prison Service and the Local r release from custody within the next few months. The local dual with an appointment on the day of arrival in Shetland. substance use service and offer support to access this plan. In addition, people returning from prison will be asked pport to access a range of services including, for example,
	quired and with the express agreement of the individual. This release and developing a positive support network.
Information sharing also exists between the use service.	prison based health centres and the local NHS substance
People who are engaged in throughcare, ca	n access free gym and leisure centre membership.
Diversion From Prosecution Exercise and fitness activities Peer workers Community workers Naloxone Other	□ □ □ □ □ □ □ □ ■ ■ ■ ■ ■ Please provide details

4.5 If you would like to add any additional details in response to the questions in this section on Public Health Approach to Justice, please provide them below (max 300 words). Click or tap here to enter text.



II. FINANCIAL FRAMEWORK 2021/22 (Should be completed by Chief Financial Officer)

Your report should identify all sources of income (excluding Programme for Government funding) that the ADP has received, alongside the funding that you have spent to deliver the priorities set out in your local plan. It would be helpful to distinguish appropriately between your own core income and contributions from other ADP Partners.

It is helpful to see the expenditure on alcohol and drug prevention, treatment & recovery support services as well as dealing with the consequences of problem alcohol and drug use in your locality. You should also highlight any underspend and proposals on future use of any such monies.

A) Total Income from all sources

Funding Source	£
(If a breakdown is not possible please show as a total)	
Scottish Government funding via NHS Board baseline allocation to Integration Authority	485,311
2021/22 Programme for Government Funding and National Mission Funding	218,634
Additional funding from Integration Authority	
Funding from Local Authority	163,974
Funding from NHS Board	24,295
Total funding from other sources not detailed above	
Carry forwards	247,321
Other	
Total	1,139,535

B) Total Expenditure from all sources

B) Total Expenditure from all sources	£
Prevention including educational inputs, licensing objectives, Alcohol Brief Interventions)	67,000
Community based treatment and recovery services for adults	501,323
Inpatient detox services	28,918
Residential rehabilitation (including placements, pathways and referrals)	77,166
Recovery community initiatives	
Advocacy services	
Services for families affected by alcohol and drug use (whole family Approach	32,300
Framework)	
Alcohol and drug services specifically for children and young people	
Drug and Alcohol treatment and support in Primary Care	
Residential Rehab	
Whole family Approach framework	
Outreach	
Other	104,331
Total	811,038

Additional finance comments

£355,709 carried forward through IJB. That leaves a £27,212 overspend which was on detox and residential rehabilitation, which were funded through Local Authority and NHS Board and additional allocation of £24,422.

